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Anti-gay activist cons way into Pride

Party crasher. Looking like 'a big happy bouncing gay man,' Bill Whatcott handed out flyers disguised as condoms during the annual parade

EMILY JACKSON
emily.jackson@metronews.ca

Anti-gay activist Bill Whatcott marches in the Vancouver Pride Parade under a fake identity. FREENORTHAMERICA.CA

An anti-gay activist dyed his hair pink, donned short shorts and conned his way into marching in the Vancouver Pride Parade last weekend, where he handed out anti-gay flyers disguised as condoms.

Bill Whatcott, who has been found guilty by the Supreme Court of Canada of promoting hatred against gays and lesbians for distributing hateful pamphlets, applied to march in the parade under a pseudonym and a fake society called the Calgary Church of the Flying Spaghetti Monster.

He and a small group were approved to march in the parade, where he posed in photos with politicians, police officers and festival-goers who had no idea the condoms he distributed were actually two-page anti-gay flyers, Whatcott boasted on his blog and in an interview with the Daily Xtra.

Metro attempted to contact Whatcott but did not hear back immediately.

The Vancouver Pride Society approved the application because there is a legitimate society of a similar name, general manager Ray Lam said.

"Obviously we're going to have to look at our review process and look at how we can weed out organizations like this in the future," Lam said Thursday.

The society is also looking at steps it can take regarding this specific situation.

Lam first heard about the flyers from community members who contacted organizers after the parade.

"To us it had a negative impact. Obviously, what we're trying to do at Pride is create a safe space for individuals," he said. "This has never happened before."

Whatcott even managed to snap a picture with Vancouver-West End MLA Spencer Chandra Herbert, who is gay.

"He looked like a big happy bouncing gay man who was positively brimming over with excitement about celebrating Pride," Chandra Herbert said Thursday. "I thought nothing of it."

Chandra Herbert finds the situation "pretty disgusting," but said he believes the fact that Whatcott had to hide his identity shows society has come a long way.

"If he had to pretend to be gay in order not to be thrown and booed out of the city, that tells you something — that our community believes in equality and doesn't support hate-mongers like him," Chandra Herbert said.

SALE ON NOW RICHMOND SUBARU
SEE PAGE 4

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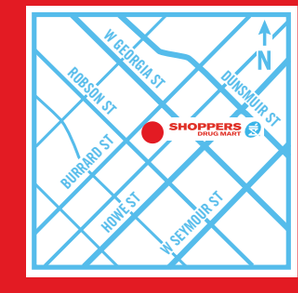

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Tekmira

Ebola drug trials get green light

U.S. health officials have given a Vancouver-based drug maker the green light to continue human clinical trials for an experimental drug to treat Ebola, a decision that could see it being used against a deadly outbreak of the disease in West Africa.

Tekmira Pharmaceuticals said the U.S. Food and Drug Administration has modified a clinical hold placed last month on the company's drug, TKM-Ebola, after safety issues emerged in human testing.

The FDA asked the company to provide additional safety information to ensure the safety of healthy volunteers taking part in the first phase of the clinical trial.

Tekmira CEO and president Dr. Mark Murray praised the agency Thursday for reconsidering its hold on the drug.

"We have been closely watching the Ebola virus outbreak and its consequences, and we are willing to assist with any responsible use of TKM-Ebola," he said in a statement.

Tekmira has a $140 million contract with the U.S. government to develop the drug, which targets the genetic material of the virus but has not yet been proven as safe and effective.

There are currently no licensed drugs or vaccines to treat the deadly disease.

The FDA's move comes as two U.S. aid workers infected by the disease arrived back home this week. They received treatment with another untested drug, ZMapp. Results so far have been inconclusive.

THANDI FLETCHER/METRO WITH FILES FROM THE ASSOCIATED PRESS

Squamish Valley sets the stage once again

Revellers take part in the fun in front of the Stawamus stage at the Squamish Valley Music Festival in 2013. The annual music festival returns this weekend with headliners Eminem, Bruno Mars and Arcade Fire. Visit metronews.ca/vancouver for coverage of the festival. JENNIFER GAUTHIER/METRO FILE

Test results on lake water promising

Tailings pond spill. First results meet drinking water, aquatic life standards

The water in a pristine British Columbia lake and river that were flooded with mine waste after a tailing ponds dam burst earlier this week is well within drinking water and aquatic life guidelines, according to preliminary test results announced Thursday.

The results came three days after a major industrial accident put locals under a water ban and raised fears about the long-term impact on the environment and fish stocks.

A dam holding back the tailings pond at the Mount Polley gold and copper mine in central B.C. failed on Monday, releasing 10 million cubic metres of water and 4.5 million cubic metres of silt into adjacent lakes, rivers and creeks.

Residents were warned not to bathe in or drink the water amid concerns that toxic heavy metals from the mine, owned by Imperial Metals, could pose a danger to human health.

"All results came back meeting the requirements for B.C. and Canadian drinking water standards — this is very good news," Jennifer McGuire of the province's Environment Ministry told a public meeting in Likely, B.C., drawing cheers and applause.

Nevertheless, the ban on using water from the lake and surrounding rivers and creeks remained in effect while officials awaited further testing.

The samples were collected from three locations on Monday, two on Quesnel Lake and one on Quesnel River. Testing still hasn't been completed on the silt that flowed into the waterways.

A memo released by the provincial government to explain the data said none of the test results fell outside of drinking-water guidelines. It also said potential contaminants were all "well below aquatic life guidelines," though officials were still awaiting test results from fish tissue.

"The testing that was done is very, very reassuring," said Dr. Trevor Corneil, the medical health officer for Interior Health. "We are quite pleased."

THE CANADIAN PRESS

North Vancouver

Woman charged after hit-and-run

A 24-year-old North Vancouver woman has been charged after a hit-and-run that sent another woman to hospital with serious injuries where she is still recovering eight months later.

Madeleine Beckett of North Vancouver has been charged with failing to remain at the scene of an accident. The hit-and-run happened Dec. 4 around 8:20 p.m. when a 21-year-old female pedestrian was struck in the 1600-block of Grand Boulevard.

The victim was taken to Lion's Gate Hospital with serious injuries, where she is still undergoing long-term care, police said.

Police arrested Beckett at her home shortly after the incident with the help of information provided by a witness. **THANDI FLETCHER/METRO**

Chilliwack

Two shot dead, one injured

Two people were shot dead and a third injured in a shooting in Chilliwack early Thursday morning.

Chilliwack RCMP found three people with gunshot wounds when officers responded to reports of shots fired in the 46100 block of Gore Avenue, according to a statement from the Integrated Homicide Investigation Team.

"It is too early to discuss motive or the specific circumstances surrounding this incident, however, this incident appears to be targeted," IHIT spokesman Sgt. Bari Emam said in a statement.

IHIT is asking anyone in the area who may have witnessed any suspicious people or vehicles to call IHIT at 1-877-551-4448 or Crime Stoppers at 1-800-222-8477. **EMILY JACKSON/METRO**

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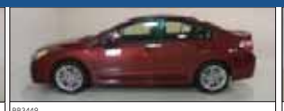
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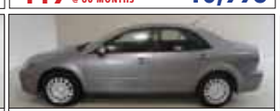
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Former Apple store employee Sam Sung is auctioning off his business card, T-shirt and name tag for charity. INSTAGRAM

Bidding over $80K for Sam Sung's Apple Store card

Children's Wish Foundation. Proceeds will go to B.C. and Yukon chapters

Tech giant rivals Apple and Samsung may have dropped their ongoing patent disputes outside of the U.S., but that isn't stopping fans from engaging in a bidding war for the coveted last business card of a former Vancouver Apple Store employee named Sam Sung.

As of Thursday morning, online bidding for a framed and autographed presentation of Sung's last Apple business card, T-shirt and lanyard, which he is auctioning off for charity, surpassed a shocking $80,200 US on eBay, or $87,678.64 in Canadian dollars.

The former Apple Specialist, who previously worked at the Vancouver Pacific Centre store location, shot to Internet fame in October 2012 when a photo of his business card bearing his coincidental name went viral online.

While he's pleased to see the auction doing so well, Sung said his top concern is ensuring those bidding on the item are authentic bidders.

"That's what my focus is on right now, just maintaining that integrity and making sure that it's not going to get out of hand," he told Metro on Thursday. "I'm just kind of keeping fake bidders at bay."

Those who place bids from brand new accounts that have no feedback from other users are being blocked from bidding, he said.

EBay administrators have also provided Sung with online tools to help determine every bid's authenticity, he said.

Sung, who left his job at the Apple Store last summer, decided to auction off his last business card after he stumbled upon it when it fell out of a book recently.

He is donating all of the proceeds to the B.C. and Yukon chapters of the Children's Wish Foundation of Canada, a not-for-profit that grants wishes to sick children.

Jennifer Petersen, director of the charity's B.C. and Yukon chapter, told Metro she was in complete shock when she saw how well the auction was doing.

"We are almost speechless," she said. "This is a very substantial gift for Children's Wish."

The auction ends Aug. 15. **THANDI FLETCHER/METRO**

Men drove truck into store: Police

Mounties are asking the public to help identify and locate two break-in suspects who allegedly drove a stolen pickup truck into a Future Shop to gain access to the store.

Police said the break-in happened around 6 a.m. last Thursday when Surrey RCMP responded to a report of an alarm at a store in the 2200-block of 160 Street.

Officers arrived to find a black Ford F350 pickup truck, later found to be stolen, that had rammed into the building.

Video surveillance showed two men leaving the store with a number of items.

The suspects CONTRIBUTED

Both men are described as white, five-foot-eleven and 180 pounds. Anyone with information is asked to call Surrey RCMP at 604-599-0502.

THANDI FLETCHER/ METRO

Kwikwetlem. Chief confident after $800K bonus controversy

A British Columbia First Nations chief whose $800,000 bonus sparked vocal criticism and calls for his resignation from members of his tiny band appears to have soothed many of his detractors.

The massive bonus was paid to Kwikwetlem Chief Ron Giesbrecht in his role as the band's economic development officer, and was revealed last week when financial statements were published online. The chief released a statement Thursday saying that while four people asked him to resign, he has majority support of his First Nation after personal conversations with almost all 57 voting members.

Giesbrecht, whose band has said he was paid under an agreed 10 per cent bonus structure for development contracts, says he didn't expect his nation to be so successful.

Several band members are now publicly stating their support for the man in videos posted online, including a member named Beverly who says that with Giesbrecht as chief they have "moved forward immensely."

Giesbrecht says he's paid a $4,800 annual salary as chief and another $80,000 per year as economic development officer, while the bonus structure was removed on April 1.

THE CANADIAN PRESS

Two arrested

Over $69K of cocaine seized in drug bust: Cops

Police arrested two B.C. men and seized more than a kilogram of cocaine for allegedly running drug lines in Greater Victoria and Nanaimo.

The investigation began earlier this year when officers with the Combined Forces Special Enforcement Unit of B.C. looked into the drug-dealing activities of a former member of the Dhak-Duhre crime group living in Vancouver and his "lieutenant," who allegedly operated their drug sales on Vancouver Island.

Police arrested the lieutenant as he arrived in Nanaimo by ferry, where he was found to have concealed in the crotch of his pants 424 grams of powdered and crack cocaine, police said.

The primary suspect was later arrested in his car with a small quantity of Oxycontin after getting off the ferry.

Police seized a total of 1.161 kilograms of cocaine worth an estimated $69,500 during the bust.

THANDI FLETCHER/METRO

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Health officials meeting to tackle Methadose issue

Welcome news.
Teleconference set up to discuss claims that some patients are relapsing after switch

MATT KIELTYKA
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Government and health officials are meeting Friday to discuss claims that some patients are relapsing after B.C. switched patients to a commercial methadone product in February.

The Vancouver Area Network of Drug Users and the Drug Users' Resource Centre wrote an open letter this week saying that Methadose is proving to be ineffective for long-time methadone users, its effects wearing out after 16 hours and triggering withdrawal symptoms.

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ABF Pharmacy

A social worker dispenses a dose of methadone from a clinic pharmacy. TORSTAR NEWS SERVICE FILE

Many stable, long-term methadone users have relapsed to using heroin, the letter claims.

Health Minister Terry Lake has ordered an evaluation of the program.

A teleconference between the ministry, College of Physicians and Surgeons of B.C., College of Pharmacists of B.C., Vancouver Coastal Health and Mallinckrodt Pharmaceuticals — the recipients of the letter — has been scheduled for Friday to discuss the issue.

The development was welcome news to Dean Wilson, of the Drug Users' Resource Centre.

"I hope it's an easy fix; let people use methadone. It's a small amount of people affected anyway," he said. "Methadose is working just fine for people starting on it. But for some, they've been on methadone for 10 to 15 years, their bodies got used to it."

Wilson hopes the government gets the information it needs quickly.

On Wednesday, Health Minister Terry Lake acknowledged some patients may be better suited to methadone — which was mixed by pharmacists before Methadose was approved by Health Canada, and is taken in a different liquid solution though the dosage is the same — but didn't want to jump to conclusions.

"We need to look at the experience and gather some data before we take some decisions moving forward," he said.

Report

Treatment program lauded

While the switch from generic methadone to brand-name Methadose is causing some patients difficulty, B.C.'s opioid substitution treatment system is working, according to a new report.

Provincial Health Officer Dr. Perry Kendall's latest report finds that methadone and Suboxone have helped decrease mortality rates and reduced health-care costs.

Mortality rates for people on a prescribed opioid substitute have fallen to 1.1 deaths per 100 person years, compared to an estimated 2.1 deaths per 100 person years for people using street heroin.

The annual per-patient cost for treatment in B.C. averages $4,200, while the estimated health care, law enforcement and social costs of an untreated heroin addict is more than $40,000.

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Aldergrove
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Brentwood Town Centre
Lougheed Town Centre
Metropolis at Metrotown
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Coquitlam
Coquitlam Centre
Westwood Mall
1071 Austin Ave

Delta
Scottsdale Centre
1517 56 St
4912 62 St
4841 Delta St

Langley
Willowbrook Mall
8700 200th St
19638 Fraser Hwy
20159 88th Ave
20202 66th Ave

Maple Ridge
Haney Place Mall
22661 Lougheed Hwy

Mission
Mission SmartCentre
32670 Lougheed Hwy.

New Westminster
Royal City Centre

North Vancouver
Capilano Mall
Lynn Valley Centre
1295 Marine Dr
1801 Lonsdale Ave

Pitt Meadows
19800 Lougheed Hwy

Port Coquitlam
2020 Oxford Connector

Richmond
Lansdowne Mall
Richmond Centre
11686 Steveston Highway

Surrey
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Grandview Corners
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7380 King George Blvd
13734 104 Ave

Vancouver
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991 Denman St
1095 West Pender St
1143 Robson St.
1855 Burrard St
2338 Cambie St
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2748 Rupert St
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Jury convicts U.S. man in teen's death

A jury convicted a U.S. man of second-degree murder and manslaughter on Thursday after he shot a drunk, unarmed black woman in the face on his porch last year after she pounded on his door. It rejected his claim that he was afraid for his life and had acted in self-defence.

Theodore Wafer shot Renisha McBride through a screen door on Nov. 2, hours after she crashed into a parked car near his house. No one knows why she ended up at the home, although prosecutors speculated that the 19-year-old may have been seeking help.

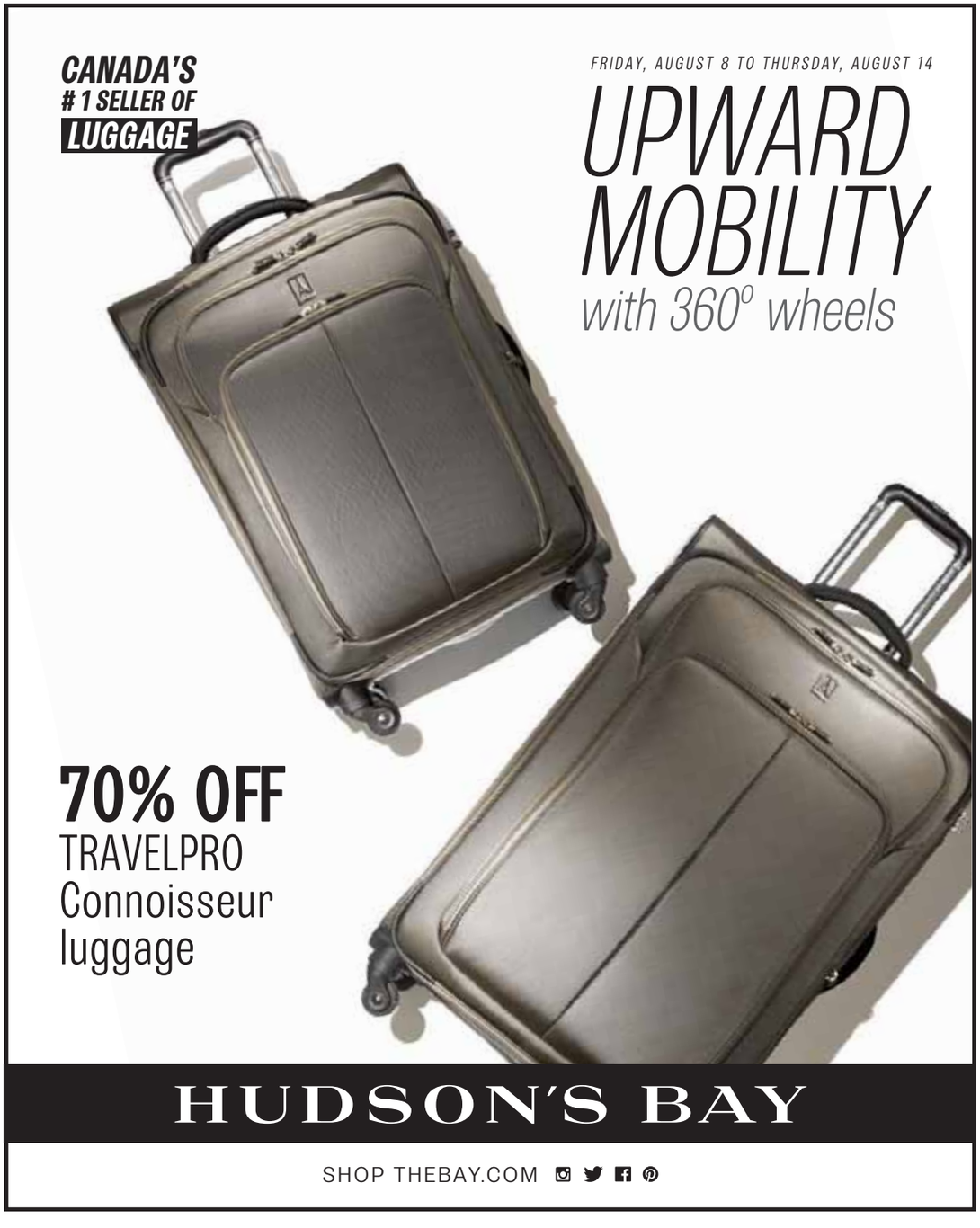
"She just wanted to go home," prosecutor Patrick Muscat said during closing arguments, holding the shotgun Wafer used to kill McBride. "She ended up in the morgue with bullets in her head and in her brain because the defendant picked up this shotgun, released this safety, raised it at her, pulled the trigger and blew her face off."

Wafer, 55, who had been free on bond, was also convicted on a gun-related charge and was ordered to jail to await his sentence. He could face up to life in prison with the possibility of parole, but it is likely his sentence will be much shorter.

Beginning with Florida in 2005, at least 22 states have expanded the self-defence principle known as the "castle doctrine," the premise that a person has the right to defend his or her home against attack.

The laws make it easier for a person to shoot someone and avoid prosecution by saying they felt an imminent danger.

THE ASSOCIATED PRESS



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Pattaramon Chanbua with baby Gammy. Gammy, who has Down syndrome, was allegedly abandoned with Chanbua, his surrogate mother, in Thailand by his Australian parents. APICHART WEERAWONG/THE ASSOCIATED PRESS

Surrogacy targeted in drafted Thai legislation

Thailand. Government moves to ban surrogate pregnancies after child with Down syndrome was allegedly abandoned

Thailand pushed to ban commercial surrogacy Thursday as a case involving nine surrogate babies allegedly with the same Japanese father emerged only days after a furor over the alleged abandonment of a surrogate-born baby with Down syndrome.

The discovery of the nine babies being cared for by nannies in a Bangkok condominium followed accusations by a Thai surrogate that an Australian couple had left the boy with Down syndrome to be raised by her, while taking home his healthy twin sister. The scandal has focused global attention on the largely unregulated industry in Thailand, which authorities say became a go-to destination for commercial surrogacy after well-off countries tightened their own laws.

Officials said Thursday that the draft of a law banning surrogacy was submitted to the junta's head of legal and justice affairs and will be forwarded to the interim legislature for consideration next week.

"Now is good timing, as the steps (toward passing the law) have been completed," said Rarinthip Sirorat, of the Social Development and Human Security Ministry, "The purpose of this law is to give maximum benefits to the surrogate babies."

According to the draft, the new law would prohibit commercial surrogacy and those violating the law will face up to 10 years in prison and a fine of up to $6,200 US. Agencies, advertisers or recruiters of surrogate mothers will face up to five years in jail and a fine of up to $3,100 US.

Thailand has 42 clinics and medical institutes and 240 doctors licensed to use assisted reproductive technology to artificially achieve pregnancy. THE ASSOCIATED PRESS

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Obama authorizes airstrikes against militants in Iraq

Humanitarian aid dropped. The Yazidi people, members of an ancient religion in Iraq, are trapped by al-Qaida splinter group ISIL

Civilians inspect damage the morning after a string of car bombs tore through busy shopping streets in several neighbourhoods in Baghdad, Iraq, on Thursday. HADI MIZBAN/THE ASSOCIATED PRESS

The prospect of a humanitarian catastrophe could soon pull the United States one step deeper into Iraq, several years after its troops exited a long and painful war there.

President Barack Obama announced Thursday night he had authorized the U.S. military to launch targeted airstrikes if needed, to protect Americans from Islamic militants in northern Iraq.

He also said the U.S. military had carried out airdrops of humanitarian aid to Iraqi religious minorities trapped by the al-Qaida splinter group known as the Islamic State of Iraq and the Levant.

The food and water supplies were delivered to the tens of thousands of Yazidis trapped on a mountain. The Yazidis, who follow an ancient religion with ties to Zoroastrianism, fled their homes after ISIL group issued an ultimatum to convert to Islam, pay a religious fine, flee their homes or face death.

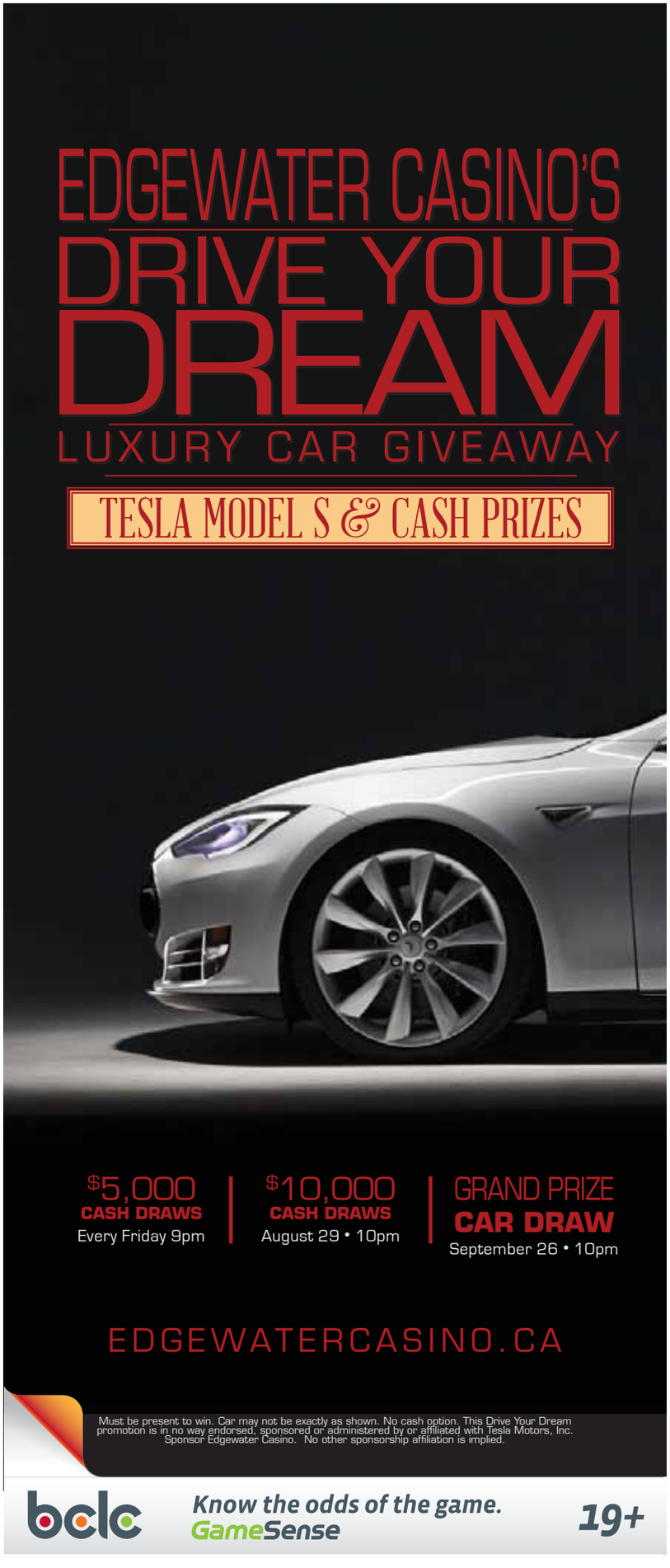
The Canadian government also condemned ISIL's behaviour. On Thursday, Foreign Affairs Minister John Baird said "despicable acts of violence" had displaced more than 200,000 people in the past week.

Obama, who has staked much of his legacy as president on ending the Iraq war, acknowledged that the prospect of a new round of U.S. military action would be a cause for concern among many Americans.

He vowed anew not to put American combat troops back on the ground in Iraq and said there was no U.S. military solution to the crisis.

"As commander in chief, I will not allow the United States to be drawn into fighting another war in Iraq," Obama said.

THE CANADIAN PRESS AND THE ASSOCIATED PRESS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Meat lovers ticked off about odd food allergy

That bites. Sugar transmitted by tick bites triggers meat-based allergic reactions in people

The Lone Star tick.
JAMES GATHANY/THE ASSOCIATED PRESS

Doctors across the United States are seeing a surge of sudden meat allergies in people who are being bitten by a certain kind of tick.

This bizarre problem was only discovered a few years ago but is growing as the ticks spread from the southwest and the east to more parts of the United States. The culprit is the Lone Star tick, named for Texas, a state famous for meaty barbecues. The tick is now found throughout the south and the eastern half of the country.

The bugs harbour a sugar humans don't have, called alpha-gal. The sugar is also found in red meat and even some dairy products.

A tick bite triggers an immune system response, and in that high-alert state, the body perceives the sugar the tick transmitted to the victim's bloodstream and skin as a foreign substance, and makes antibodies to it, setting the stage for an allergic reaction the next time the sugar is consumed. THE ASSOCIATED PRESS

Scientists resume digging

This July 2014 image shows the interior of the Natural Trap Cave in north-central Wyoming. Scientists resumed digging for the first time in over 30 years. The cave houses the remains of tens of thousands of extinct animals from the Pleistocene period. BUREAU OF LAND MANAGEMENT/THE ASSOCIATED PRESS

Space

NASA wraps up Orion recoveries

The U.S. Navy and NASA wrapped up the second round of practice recoveries of the Orion spacecraft, which is designed to bring humans to the moon, asteroids and, eventually, to Mars.

The tests took place from Aug. 1 to Aug. 4 a few hundred miles off the coast of Baja California, Mexico, where the Orion will splash down Dec. 4 after reaching an altitude of 3,600 miles.

The December mission will be crew-less, as will a scheduled 2017 orbit around the moon. But like the practice recoveries this week, it's all part of a long-term effort to bring humans further into space than they've ever travelled before.

THE ASSOCIATED PRESS

Florida

Researchers ID long-missing boy

A boy who was buried at a reform school with a history of unsanitary and decrepit conditions was for the first time positively identified among the scores of remains that were found in unmarked graves.

The University of South Florida researchers said they used DNA and other tests to identify the remains of George Owen Smith, who was 14 when he disappeared from the Arthur G. Dozier School for Boys in 1940. Official records indicated 31 burials at the school, but researchers found the remains of 55 people during a four-month excavation last year.

Researchers identified Owen's body using a DNA sample taken from his sister.

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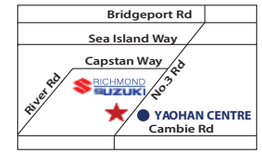

The craft beer boom

'Golden age'. Are microbreweries a fad that'll fizzle out or a business that'll replace beer-making behemoths?

MELISSA DUNNE
melissa.dunne@metronews.ca

Steve Beauchesne poses at Beau's All Natural Brewing Co. in Vankleek Hill, Ont. Wanna make your own craft beer? Check out some tips on how to brew beer at home at metronews.ca. And scan this photo with your Metro News app to see what's brewing across the country. GEOFF NIXON/FOR METRO

Specialty brews

- **Craft beer:** A specialty beer produced in limited quantities
- **Microbrewery:** A small brewery making specialty beer in limited quantities

Source: www.merriam-webster.com

Tom Green's first sips of beer came courtesy of his dad, Richard — sort of.

"When you first start drinking," the Canadian comedian recalls in a phone interview with Metro, "you sneak whatever your dad has in the fridge."

Growing up in the nation's capital meant sneaking the nation's top brands, namely Molson's Export and Canadian, and Labatt's 50 and Blue.

When he started buying his own beer, the funny man considered himself a bit of a connoisseur. "I always went towards the craft — Rickard's Red and Alexander Keith's, good Canadian beers," says Green, who now lives full-time in L.A.

Back in the 1980s and '90s, choice was limited. New microbreweries started, then went flat fast. These days, the options are seemingly endless. There are saisons for patio season, pumpkin ales come fall, stouts for the holiday season and maple syrup concoctions in the spring.

We are currently in a "golden age" of craft beer, says Joel Manning, the brewmaster at Mill Street Brewery in Toronto, who has been working in the business since 1986.

Over the past four years, he says, an average of one new microbrewery pops up in Ontario each month. It's a similar story across the country, from Nova Scotia to British Columbia.

Hopped up on going local

Green teamed up with Beau's All Natural Brewing Co. in Vankleek Hill, Ont., a one-light town about an hour east of Ottawa, to make and sell The Tom Green Beer.

The beer bottles, bearing a beautiful illustration of the comedy legend with one eyebrow cocked, seem like an elaborate prank. But it's actually a serious award-winning milk stout, inspired by the milk gags Green used to pull on his Rogers cable access show before he hit the big time.

It's this attention to detail of what's on, as well as in, the bottles that has led the father-son team of Tim and Steve Beauchense to big-time success.

Breaking into the beer biz

Starting a microbrewery takes skill, and perhaps a bit of liquid courage. Granville Island Brewing Co. (GIB) in Vancouver has managed to stay in the beer biz for 30 years and counting. Here's some key ingredients for brewing up success.

- **The lightbulb moment:** In the early '80s, Mitch Taylor and Bill Harvey were inspired by the beer culture in Germany and Belgium and decided to try to bring it to British Columbia.
- **Do your homework:** The pair embarked on years of research, visiting microbreweries in the U.S. and Germany. They also got to know the main stakeholders.
- **Have laser focus:** The duo decided to focus on offering premium bottom fermented lager beers aged for several weeks in cold pressurized tanks, sold in draft in bars. They also made GIB available in bottles in local restaurants and stores.
- **Build a cult following:** In 1984 GIB was born, focusing on a German lager beer to gain a loyal local fan base.
- **Stay true to your roots:** While GIB is now owned by Molson Coors Brewing Co. it remains small and in B.C.

Beau's (a shortening of their surname) launched on Canada Day in 2006 and is now served in about 1,200 restaurants and sold in roughly 400 Liquor Control Board of Ontario (LCBO) stores.

"This is part of the local food movement," says Steve, explaining the phenomenal growth of his certified organic brewery. "People want to have authentic food and beer."

Drinking beer has always seemed as authentically Canadian as ice hockey and maple syrup. But cracking open a few cold ones actually peaked in the Great White North in 1975 at 106.50 litres of beer per capita. By 2010, consumption had dropped to 73.86 litres per capita, with many opting for wine instead, according to Statistics Canada.

But beer is still the No. 1 alcoholic beverage for Canucks, with many now choosing a microbrew. Sales of craft beer have increased by 1,800 per cent to approximately $50 million over the past 10 years, according to a spokesperson with the LCBO. In B.C., sales from breweries producing less than 15,000 hectolitres have more than doubled since 2009 to $67.9 million, reveals a spokesperson with B.C.'s liquor distribution branch.

It used to be men, like Green's dad, would buy "yellow, fizzy beer" by the case, for life, from the dominant Canadian brands. "Most people now have 10 to 12 beers on rotation," says Manning.

The big guys react (or not)

Molson has woken up to this sobering reality.

The iconic brand, started by John Molson in 1786 in Montreal, has heavily relied on nationalism to build loyalty. The average clean-cut Joe reciting the 'I am Canadian' rant in a plaid shirt in the early 2000s was the Platonic ideal of the Molson customer. Then, Canada's brewery merged with American behemoth Coors to form Molson Coors Brewing Co. in 2005.

While Canadian guys in 2014 are still partial to plaid, the young ones also tend to have a craft beer from a local brewery in their hands. This shift led Molson Coors to set up a craft beer division in 2011, after acquiring two top microbrewers — Ontario's Creemore Springs and B.C.'s Granville Island Brewing Co. Molson Coors had about 39 per cent of the national market and had net sales of $4.21 billion US worldwide in fiscal 2013, according to company reports.

Meanwhile, Labatt Breweries of Canada is sticking with its tried-and-true formula — largely staying away from the move to stronger flavoured beers. The brewer, founded by John Labatt in 1847 in London, Ont., eventually merged with Belgium-based brand Anheuser-Busch InBev in 2008. Canada's No. 1 brand is a hair ahead of Molson with about 40 per cent of the market, according to a company report.

It's a never-ending party?

Men *and* women of all ages are seeking out the next big thing. Beer has shed its stereotypical hoser image, immortalized by Bob and Doug McKenzie on 1980s comedy show SCTV.

CanLit goddess Margaret Atwood has a gruit ale (herb and berry-infused) with Beau's. Rock god Sam Roberts has a "session ale" with Toronto's Spearhead Brewing Company. Hipsters with nothing more than a home brew kit and a dream are giving it a go. The money is flowing, but so is the hubris.

The story of Mill Street starting as "three guys and a truck" in 2002 is intoxicating, but Manning warns some upstarts won't make it. Small outfits can have issues with quality control and some lack a basic understanding of the business side.

The Beauchesnes have been able to steadily build their brewery by mixing the father's business background, with the son's passion for the product. Having a national comedy treasure hock his eponymous beer on Jimmy Fallon's TV show last year didn't hurt, either.

Beau's is now available in New York state and there are plans to expand into Quebec.

Success is giving microbrewers a nice buzz, but is the trend close to tapped out?

"The popularity of craft beer is still growing," asserts Green. "People like original things."

Raise a glass of (craft) beer and cheers to that.

Tribunal convicts two leaders of Cambodia's Khmer Rouge

Reign of terror. By 1979, which saw the end of the fanatical Khmer Rouge movement, nearly a quarter of the country's population was dead

They were leaders of Cambodia's infamous Khmer Rouge, the fanatical communist movement behind a 1970s reign of terror that transformed this entire Southeast Asian nation into a ruthless slave state — a place where cities were emptied of their inhabitants, religion and schools were banned, and anyone deemed a threat was executed.

When the nightmare ended in 1979, close to two million people were dead — a quarter of Cambodia's population at the time.

On Thursday, a UN-backed tribunal convicted two of the once all-powerful men of crimes against humanity in the first and possibly the last verdicts to be issued against the group's aging, top members.

Although survivors welcomed the decision to impose life sentences against Khieu Samphan, an 83-year-old former head of state, and Nuon Chea, the movement's 88-year-old chief ideologue, they also say justice has come far too late and is simply not adequate.

"Nothing can compare to the immense suffering they imposed, no sentence can be enough," said Youk Chhang, who heads the Documentation Center of Cambodia, which has collected more than a million documents related to the Khmer Rouge terror.

There was no visible reaction from either of the accused when the decisions were announced. Defence lawyers insisted the case was not over and vowed to appeal within 30 days.

Summarizing the verdict, chief judge Nil Nonn said the defendants were part of "a joint criminal enterprise" that launched "a widespread and systematic attack against the civilian population" after Khmer Rouge guerrillas seized Phnom Penh on April 17, 1975.

The case, which lasted about two years, focused on just one of many mass killing sites and the forced exodus of millions of people from Cambodia's cities and towns, where even hospitals were emptied of patients.

THE ASSOCIATED PRESS

Former Khmer Rouge servitors Soum Rithy, left, and Chum Mey embrace each other on Thursday after the verdicts were announced, at the UN-backed war crimes tribunal in Phnom Penh, Cambodia. HENG SINITH/THE ASSOCIATED PRESS

ZMapp. 'Virtually no doses' of experimental drug available for Africans

Ebola virus

The outbreak first emerged in Guinea and spread to neighbouring Sierra Leone and Liberia before reaching Nigeria. Almost 1,000 people have died since March.

Africans seeking a drug to help contain the Ebola virus will have to wait months before an experimental treatment used on two infected Americans is produced even in small amounts, officials said.

And there are no guarantees that the medication known as ZMapp would help curb the spread of the dreaded disease, which starts with a fever and body aches and sometimes progresses to serious bleeding. Supplies of the drug are limited. It has never been tested for safety or effectiveness in humans.

The health minister of Nigeria, one of the four countries where Ebola has broken out, told a news conference in his country that he had asked the U.S. Centers for Disease Control and Prevention about access to the drug. A CDC spokesman said Wednesday "there are virtually no doses available."

The lack of wider availability "shows simply that white patients and black patients do not have the same value in the eyes of world medicine," said Nouridine Sow, a sociology professor at the Universal Institute of Guinea.

But testing an unproven drug on a large population carries risks. Earlier this week, the CDC director emphasized that it's impossible to know whether ZMapp helped the sick American aid workers.

"Until we do a study, we don't know if it helps, if it hurts or if it doesn't make any difference," Tom Frieden told a health symposium in Kentucky.

Some health experts fear that debate over extremely limited supplies of the drug will distract from more tried-and-true practices. THE ASSOCIATED PRESS

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Russia strikes back with sanctions of its own

Women choose Dutch tomatoes at a supermarket in downtown Moscow, on Thursday. The Russian government has banned all imports of meat, fish, milk and milk products and fruit and vegetables from the United States, the European Union, Australia, Canada and Norway, Prime Minister Dmitry Medvedev announced Thursday. The move was taken on orders from President Vladimir Putin in response to sanctions imposed on Russia by the West over the crisis in Ukraine. The ban has been introduced for one year. IVAN SEKRETAREV/THE ASSOCIATED PRESS

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Canada looks to lure 'brilliant' immigrants

Jason Kenney. America's troubled immigration system is an opportunity to 'aggressively' court top talent to come here

Stalled immigration reforms in the United States are an opportunity for Canada to scoop up a wealth of young, "brilliant" foreign nationals and direct them into burgeoning tech-sector employment, federal employment minister Jason Kenney said Wednesday.

Kenney heartily endorsed his government's efforts to entice educated immigrants north of the 49th parallel as a direct counter to American policy obstacles to settling down there after earning highly prized degrees.

Kenney said the government has no concerns about aspiring to capitalize off the "super smart" graduates being produced in the U.S., where tens of thousands of young people from around the world attend prestigious schools like Stanford University, the Massachusetts Institute of Technology and University of California.

THE CANADIAN PRESS

Market Minute

DOLLAR 91.57¢ (-0.06¢)

TSX 15,118.77 (-83.32)

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SORRY MRS. CARTER NO BANGER

Time once again for the list-to-end-all-lists: The Metro List. Here's what's causing the Earth to chase its tail this week:

THE METRO LIST

Paul Sullivan
metronews.ca

1 Alison Redford, We Hardly Knew Ya. Memo to self: Double-check those expenses. It's hard to believe, but Alison Redford, who had it all, still wanted more, and even created fake fellow airline travellers to help herself to a few extra taxpayer dollars, according to the provincial attorney general. So now she's the ex-premier of Alberta, and this week, out of politics altogether. It's still the same old story — greed kills.

2 The Ballad of Jay-Z and Beyoncé. Looks as if pop music's power couple is running out of gas. Even though they've been married for six years, the usual reliable sources report that on their current tour they've been staying in different hotels, and the tour entourage includes four lawyers, two each. It doesn't take four lawyers to make sure there is the right number of M&Ms in the backstage bowl. On their latest stop in San Francisco, they made an effort to play nice and stay in the same hotel at least, but no word yet on whether the release of diss track Sorry Mrs. Carter by model/rapper Olivia McFallar changes anything. McFallar, a.k.a. Yes Liv Can, denies the rumour that she is Jay-Z's mistress in the rather confusing tune, though she claims it wasn't from Hov's lack of effort. Stay tuned.

3 Suck It Up, Comrade. Russian President Vladimir Putin, annoyed by sanctions from the West, has banned food imports from Canada, the U.S., the European Union, Australia, Norway, etc. Meat? Nyet! Fish? Nyet! Fruit and veg? Nyet. Dairy products? Also Nyet. Putin must be counting on nostalgia for the good old days when the average Russian stood in line all day for turnips and vodka. Hope they've got a lot of vodka.

4 Not So Long Ago, Not So Far Away. The Star Wars franchise has officially been fully Disneyfied. Disney announced this week that both its theme parks, California's Disneyland and Florida's Disney World, will get major Star Wars additions. No details yet, but does that mean the future will no longer be represented by Tomorrowland and Epcot Center, both permanently frozen in time (1959, to be precise)? Who's your daddy, Luke?

5 Products of a Deranged Mind, Number 37. Hey, workout fans, a U.K. company has developed a device that allows you to track the number of calories you burn during sex, plus the number of, um, thrusts per minute. It's called SexFit and it fits around your boy bit, vibrating while it collects data. Then you can download the app and share your stats with other ridiculous narcissists. It's a prototype at the moment, and with any luck, it will remain so forever. Going for the burn just got weird.

TAXIDEMERIT

Confiscated stuffed animals are on display during a news conference in Carson, Calif., Wednesday. U.S. Customs and Border Protection officers seized nearly $9,000 worth of stuffed-and-mounted animals.
NICK UT/THE ASSOCIATED PRESS

Maybe they shouldn't have marked the would-be contraband 'animal heads'?

Federal customs officials at the Port of Los Angeles have seized about $9,000 worth of mounted and stuffed wildlife "hunting trophies" that lacked proper export permits.

The collection was on display Wednesday during a news conference at a Carson warehouse. The items, packed in seven boxes as part of a consolidated shipment declared to be household goods, were confiscated July 23. "Animal heads" was written on one of the boxes.

Investigators said at least some of the items were purchased from a liquidator in Texas by a 44-year-old man from the Philippines who was in the United States for the first time with his wife and two children on a family vacation.

Officials said the man is co-operating and is not believed to have been aware of the needed permits. The items will probably be donated to zoos, universities or other schools for educational uses, officials said.

THE DAILY BREEZE

The goods

- The collection included a bear skull and full-body mounts of a bobcat, a lynx with a bird and a baboon, all four of which are protected species.
- Other specimens included deer, kudu and impala antlers and horns, shoulder mounts of a goat and a zebra, a wildebeest, an African antelope, African gazelle, two smallmouth bass and an alligator.

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MetroTube

From forced labour to fun in the sun

ANDREW FIFIELD
andrew.fifield@metronews.ca

Rummu is an abandoned Soviet-era prison that also served as a forced labour mine near Tallinn, Estonia. In a rare example of poor Soviet planning, it turns out all of that mandatory mining left the quarry prone to flooding from underground waters. And that's exactly what happened, transforming what was once a hellish crime against nature into one of the most unusual and beautiful beach bum meccas we've ever seen. It's probably totally spooky when the sun goes down, though. (XL-Studios/YouTube)

SCREENGRAB

metro

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A big scoop of comfort film

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Helen Mirren plays an icy French chef in The Hundred-Foot Journey. CONTRIBUTED

Synopsis

The Hundred-Foot Journey is a feel-good movie about an Indian family who moves to a small town in France to open a restaurant. Cultures and personalities clash, but soon Hassan Kadam's (Manish Dayal) talent leads him on a journey.

- Richard: ●●●○○
- Mark: ●●○○○

AUGMENTED REALITY

→ Scan this photo with your Metro News app for a look at the charming trailer for The Hundred-Foot Journey!

metro AR → See the full instructions on Metro's Voices page.

The Hundred-Foot Journey. The story runs a little bland at times, but Om Puri adds some fine flavour

Richard: Mark, the last time director Lasse Hallström went all Food Network on us, the result was the 2000 bonbon Chocolat, a comic story with a bittersweet edge. He's revisiting similar ground here, mixing gastroporn, good old-fashioned romance and cross-cultural farce. Despite its predictability, The Hundred-Foot Journey's collection of characters keeps things lively and amusing and the food looks so good you'll wish the movie was in Smell-O-Vision. I thought it was an enjoyable film about passion; the passion for food, passion for culture but most of all, passion for life. What did you think?

Mark: Richard, I wouldn't use the word passion to describe this movie. It was full of warmth, and it glowed from the sun-dappled shots of the French countryside to the sun-dappled shots of the delicious food to the sun-dappled shots of Helen Mirren's profile contemplating Septuagenarian sex. But passion? If this movie were a food, it would be a nice custard served at room temperature.

RC: Perhaps there wasn't passion of the Gordon Ramsay style, but I thought the characters, particularly the young leads, brought enthusiasm not only to their romance but to their rivalry as well. As Marguerite, Charlotte Le Bon moves beyond simply playing the romantic counterpart and puts herself and her dream of being a chef first. I liked that she was spunkier than you often see in a movie like this. Ditto Mirren. As Madame comes to respect and then like her new neighbours, her ice queen demeanour slowly melts, allowing the actress to subtly reveal layers of character.

MB: None of them impressed me Richard, not even Mirren. The one actor that did blow me away was Indian actor Om Puri, whose name even sounds like a fine dish, served with a side of raita. I didn't find much that surprised me in the script either, although I wasn't expecting the young Indian chef to cross the road and work at Mirren's classical French restaurant. Whether or not you see him as a contemptible sell-out depends on your attitude towards fusion cuisine.

RC: Tone-wise this movie reminded me of The Best Exotic Marigold Hotel. It may not be the most original movie to hit screens this summer, but I liked the characters and left the theatre hungry for more.

MB: I just left the theatre hungry. The vindaloo has the best part.

SCENE

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Ratings and synopses courtesy of Rotten Tomatoes. For more movie reviews, trailers and news go to RottenTomatoes.com. **Ratings:** *Certified Fresh:* *Fresh:* *Rotten:* *Audience response:* *Audience anticipation for the film:*

Action/Sci-Fi

Teenage Mutant Ninja Turtles

Director. Jonathan Liebesman

Stars. Megan Fox

Darkness has settled over New York City as Shredder and his evil Foot Clan have an iron grip on everything from the police to the politicians. The future is grim until four unlikely outcast brothers rise from the sewers and discover their destiny as Teenage Mutant Ninja Turtles. The Turtles must work with fearless reporter April O'Neil (Megan Fox) and her wise-cracking cameraman Vern Fenwick (Will Arnett).

Rotten Tomatoes™ score
Critics: 31% **Audience:** 93%

Action/Comedy

Land Ho!

Director. Aaron Katz , Martha Stephens

Stars. Earl Lynn Nelson, Paul Eenhoorn

A pair of 60-something ex-brothers-in-law sets off on a road trip through Iceland, hoping to reclaim their youth. Their picaresque adventures, from trendy Reykjavík to rugged outback, are a throwback to classic bawdy road comedies as well as a candid exploration of aging, loneliness, and friendship.

Rotten Tomatoes™ score
Critics: 76% **Audience:** 67%

Mystery & Suspense

Into The Storm

Director. Steven Quale

Stars. Richard Armitage, Sarah Wayne Callies

In the span of a single day, the town of Silverton is ravaged by an unprecedented onslaught of tornadoes. The entire town is at the mercy of the erratic and deadly cyclones, even as storm trackers predict the worst is yet to come. Most people seek shelter, while others run towards the vortex, testing how far a storm chaser will go for that once-in-a-lifetime shot.

Rotten Tomatoes™ score
Critics: No score yet **Audience:** 93%

Drama/Musical

Step Up All In

Director. Trish Sie

Stars. Ryan Guzman

In the next exciting chapter of the international phenomenon Step Up, all-stars from previous instalments come together in glittering Las Vegas, battling for a victory that could define their dreams and their careers.

Rotten Tomatoes™ score
Critics: 57% **Audience:** 83%

Action & Adventure

Hercules

Director. Brett Ratner

Stars. Dwayne 'The Rock' Johnson

Hercules, starring Dwayne Johnson, is based on Radical Comics' Hercules by Steve Moore. This ensemble-action film is a revisionist take on the classic myth, Hercules. The epic action film also stars Golden Globe winner Ian McShane, Rufus Sewell, Joseph Fiennes, Peter Mullan and Academy Award-nominee John Hurt.

Rotten Tomatoes™ score
Critics: 62% **Audience:** 61%

Drama

Calvary

Director. John Michael McDonagh

Stars. Brendan Gleeson, Chris O'Dowd

Calvary's Father James (Brendan Gleeson) is a good priest who is faced with sinister and troubling circumstances brought about by a mysterious member of his parish. Although he continues to comfort his own fragile daughter (Kelly Reilly) and reach out to help members of his church with their various scurrilous moral — and often comic — problems, he feels sinister forces closing in.

Rotten Tomatoes™ score
Critics: 88% **Audience:** 85%

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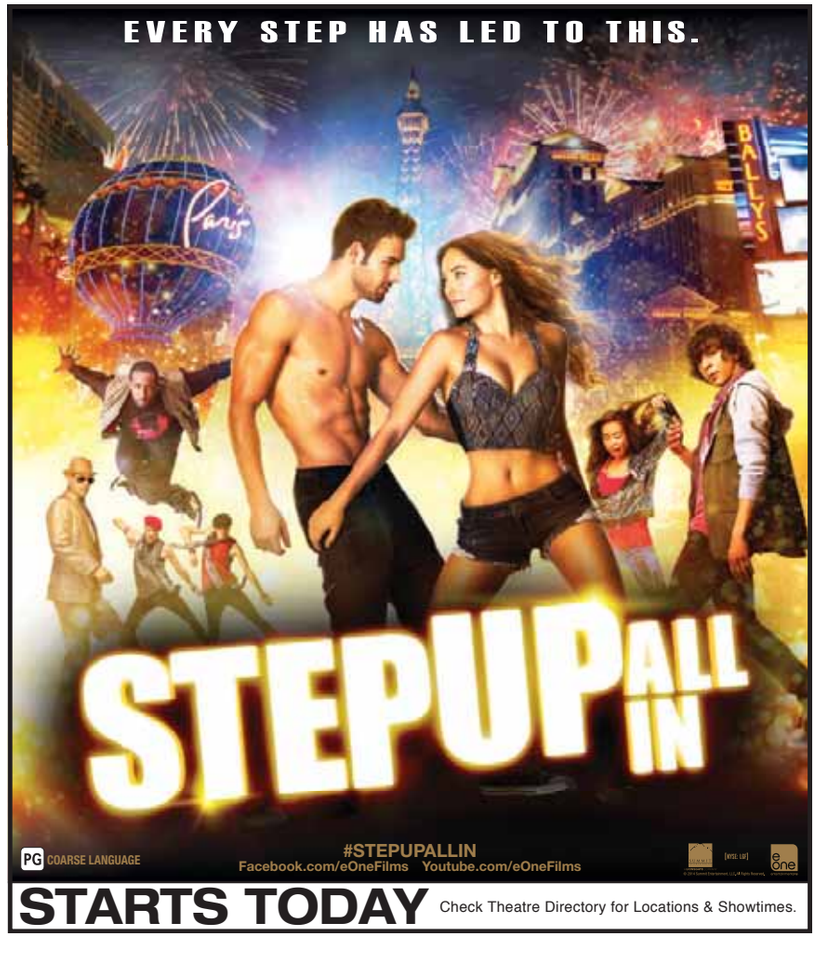

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Aubrey Plaza is all about the brains

Life After Beth. Though she may have an appetite for them in this zom-com, actress is also in possession of a pretty sharp brain

IN FOCUS
Richard Crouse
scene@metronews.ca

AUGMENTED REALITY

→ Scan this photo with your Metro News app for a clip of Zack (Dane DeHaan) reacting to news his girlfriend Beth is dead!

→ See the full instructions on Metro's Voices page.

Life After Beth opens next Friday. CONTRIBUTED

Aubrey Plaza, star of the new zombie rom-com Life After Beth, is a liar.

When asked if it is possible to overthink her approach to a character she says, "I'm not very smart to begin with, so I can't overthink anything. If I'm thinking about something, that's a big deal for me."

Liar, liar, pants on fire.

Actually, the New York University's Tisch School of the Arts graduate, best known as April Ludgate on Parks and Recreation, is a secret smarty-pants with a well thought-out career path. "Most scripts I read feel wrong to me just because they're not good," she says. "I tend to try and do things that are scary to me because otherwise I'll just get offered the same thing over and over again, and who wants to see that ... except for everyone."

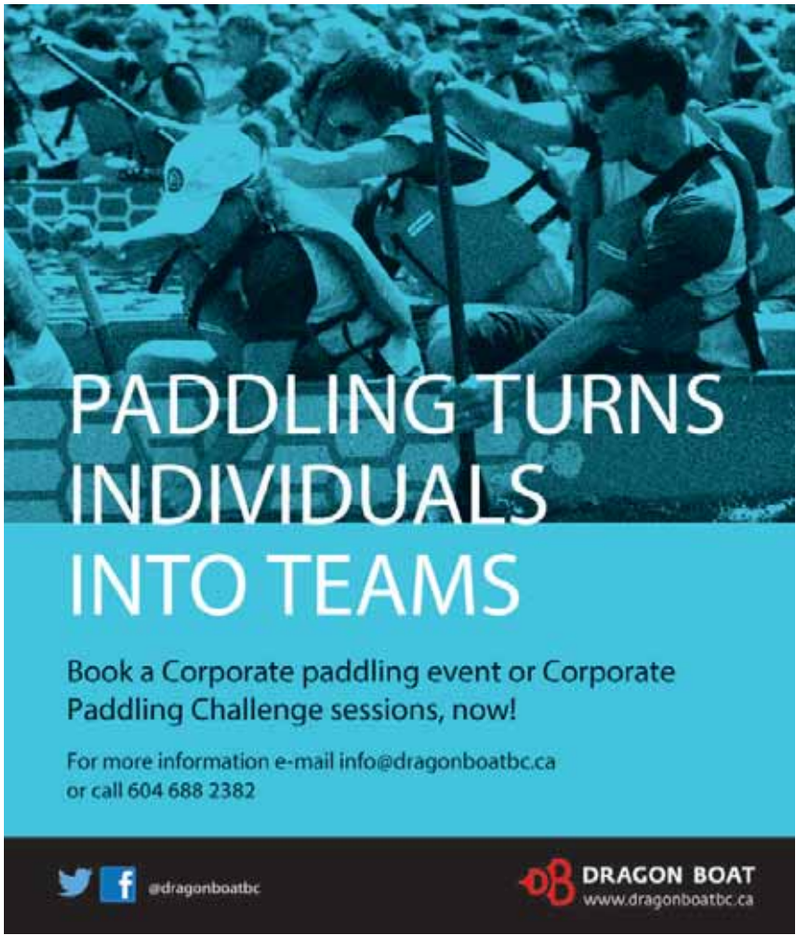
Life After Beth offered up something different and a little scary. Plaza says the story of Zack (Dane DeHaan) and his recently deceased girlfriend Beth (Plaza) who refuses to stay dead is a metaphor "for a breakup and how when you break up with someone, it's like they die. Then you try to get back together with them and you only remember the good things. Or you turn that person into a monster. There's all kinds of ways you can look at the movie."

The 30-year-old actress says, "I like make-believe which is why I like movies and like making them and making people believe that I am good at that," adding that she always had "grand delusions" of a career in film. I had really weird taste when I was little," she says. "I was really into Judy Garland and Bette Midler. I had a sophisticated gay man's taste at an early age."

Plaza was also obsessed with Saturday Night Live, particularly with the female cast members like Molly Shannon, Tina Fey and her current Parks and Rec co-star Amy Poehler, a person she now calls a "close friend" and the nicest and funniest person in the room. She is like a glowing orb of light."

Her take on Poehler is believable, but when asked about her movie's message, she lies again. "I want people to see zombies in a whole new light and think before they shoot them in the brains," she says.

"If the zombie apocalypse happens I want the world to remember, 'These were humans at one point...' No, I think they should just shoot them. Immediately."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Katie Holmes found it difficult to play it flat

The Giver. Actress had difficulty going against the urge to emote in sci-fi tale about a utopia with no pain

Katie Holmes is the first to admit that she found the idea of playing one of the citizens in the sci-fi allegory The Giver a bit of a head-scratcher as far as acting exercises go.

"It was a really challenging role to play because it's this utopian society, this alternate reality. There's no emotion, there's no pain, there's a great deal of security and safety, but to play that as an actor is interesting because we like to emote," she says. "They don't have any emotions, but I think that they're human after all, so I always believed that the characters were capable of love."

Of course, the pedigree of the project — based on Lois Lowry's award-winning, best-selling young adult novel — didn't hurt. "I heard about the project and I heard it was (director) Phil Noyce and Jeff Bridges and Meryl Streep," she says. "I was not familiar with the book, so I read the book along with the script and I thought it was a really powerful story."

While it's been 16 years since Holmes shot to fame barely out of her teens on Dawson's Creek, the actress has no regrets about finding success so early. "I feel really lucky for all the opportunities that I've had. I think it's great to start young because you learn the business quickly. It's exciting," she says. And she still keeps up with her co-stars, she insists. "I just saw Michelle (Williams) in Cabaret. She's amazing in it," Holmes says of her Dawson's Creek co-star's current Broadway gig.

Speaking of Broadway, professionally Holmes has been a bit quiet since Batman Begins nine years ago — popping up in an odd mix of projects every year or two like Don't Be Afraid of the Dark, The Kennedys television miniseries and Adam Sandler's dubious Jack and Jill — but fans closer to New York City know that she's been keeping plenty busy with stage work, recently playing on Broadway in All My Sons and Dead Accounts.

"It's just different. It's a different experience, but they're both very satisfying professionally," she says, comparing theatre and film work."

NED EHRBAR/MWN

A thespian's wish

What else would Holmes like to do in theatre? "I'd like to do The Cherry Orchard. I'd like to do Dollhouse," she says.

Katie Holmes and Alexander Skarsgard star in The Giver. CONTRIBUTED

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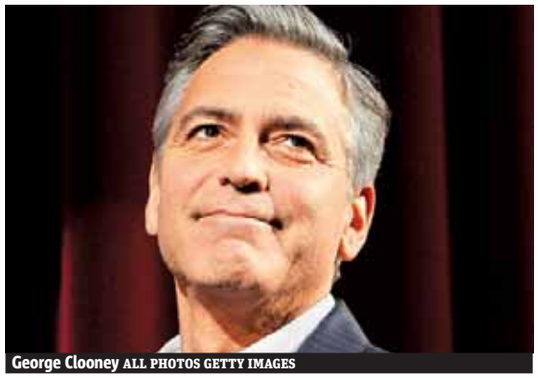
Clooney to wed Alamuddin in Italy, banns confirm

The wedding is on, apparently, as George Clooney and Amal Alamuddin have posted the legally required wedding banns at London's Chelsea Town Hall, indicating they're planning to get hitched imminently, according to People magazine. A spokesman at the register office at London's Chelsea Old Town Hall confirmed Thursday that the couple posted a legal document for a British national who is marrying abroad. A photo of the notice published by the Daily Mirror showed the pair's names, ages and occupations. It also showed they plan a wedding in Italy. The document was taken down after 21 days.

It is the second marriage for Clooney, 53, and the first for Alamuddin, 36. WITH FILES FROM THE ASSOCIATED PRESS



George Clooney ALL PHOTOS GETTY IMAGES

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Heigl blames motherhood, not writers, for Grey's goodbye

NED EHRBAR
Metro in Hollywood

Katherine Heigl is looking to rewrite history in her ongoing image rehabilitation efforts while promoting her new TV series, State of Affairs.

The former Grey's Anatomy star now insists she left the popular medical drama not because of dissatisfaction with the writing, but because she didn't like being a working mom.

"I felt like my priorities were messed up. I was putting so much time and energy into just my work, but I was raised (to believe) that family comes first," Heigl tells Us Weekly.

"I would come home angry and frustrated that I'd missed everything with my kid that day. I didn't get to wake her up from her nap or do bath time or bedtime. I'd have to sneak into her room and kiss her when she was sleeping, hoping not to wake her up."

Katherine Heigl

All perfectly valid reasons, granted.

But she seems not to realize that all the stuff she used to say — like, "I did not feel that I was given the material this season to warrant an Emmy nomination" — is actually written down somewhere.

Vampire star's charity sucks at helping people

Vampire Diaries star Ian Somerhalder may not be as charitable as he comes off, if recently uncovered tax documents for his conservation charity are any indication.

The Ian Somerhalder Foundation works to "promote the conservation of natural resources" and "provide relief to the poor, distressed or underprivileged."

But in 2012, the foundation took in $365,000 in donations while paying out only one grant — for $550 — to the Best Friends Animal Society and Wildlife Rehab, according to TMZ. So how were the rest of the donations used? Nearly $21,000 went to office expenses and rent, travel accounted for $20,000 and almost $153,000 was lumped together under "other expenses." Records for 2013 show an income of $504,000 with no grants at all paid out.

Ian Somerhalder

Liquid Assets

Plump isn't alway best

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Though it makes as diverse a selection of wines as any part of Italy, the north-eastern region of Veneto is best known for its reds, with the viticultural area of Valpolicella arguably as famous as Tuscany's Chianti in the minds of wine lovers.

Typically bright and refreshing, the table wines from Valpolicella are easy-drinking and grill-friendly.

Where things get interesting is when winemakers dry grapes (a process called appassimento).

The output of the raisin-like fruit creates richly textured wines called amarone (drier), recioto (sweeter) and ripasso (a wine fermented with the grape mass left over from the production of the other two).

Masi Agricola pioneered many of the techniques used in making wines from dried red grapes and is trying them out on white wines. Its 2012 Masianco Pinot Grigio & Verduzzo ($15.00 - $18.99) blends freshly picked grapes with some that see a light drying. The result balances ripe aromatics with citrusy flavours and makes a perfect match with grilled white meats and fresh fish. **PRICES REFLECT RANGE ACROSS COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.**

Ricardo is a Canadian chef, television host and author on a mission: To unite people through the pleasure of food. Discover his delicious and simple recipes every Friday — just in time for the weekend

Impress with this make-ahead marvel

Cherry Tomato Tart.
Instead of standing in a hot kitchen, spend time with your guests

RICARDO COOKS
Chef Ricardo
Ricardo Magazine

This recipe serves four. COURTESY RICARDOCUISINE.COM

I love to impress my guests, and I also love to spend time with them. Because I don't want to waste hours in the kitchen instead of enjoying their company, I assemble this recipe ahead of time.

You can replace the feta cheese with a ball of fresh mozzarella, sliced. In this case, you may need to season with a bit more salt. You can also substitute the rectangular tart pan for a pie plate that's 1 inch (2.5 cm) deep and 9 inches (23 cm) in diameter.

Ingredients

Pastry
- 1 cup (250 ml) unbleached all-purpose flour
- 6 tbsp (90 ml) cold salted butter, diced
- 3 tbsp (45 ml) cold milk

Filling
- 1/2 cup (125 ml) milk
- 1 tsp (5 ml) cornstarch
- 3 eggs
- 1/4 cup (60 ml) chopped fresh chives
- Salt and pepper
- 1/4 cup (60 ml) chopped fresh basil
- 3/4 cup (180 ml) crumbled feta cheese
- 6 oz (180 g) cherry tomatoes on the vine (about 18 tomatoes)

Pastry

1. In a food processor, pulse the flour and the butter until the butter is the size of small peas. Add the milk and pulse until a ball begins to form. Remove the dough from the processor and shape into a square with your hands.

2. On floured work surface, roll out the dough into a 16 x 6-inch (40 x 15 cm) rectangle. Line in a 14 x 4-inch (35 x 10 cm) rectangular tart pan. Place in freezer for 15 minutes.

3. With the rack in the lowest position, preheat the oven to 400 F (200 C).

Filling

1. In bowl, combine milk and cornstarch with whisk. Whisk in eggs and herbs. Lightly season with salt and pepper. Pour into the crust. Sprinkle with the cheese. Carefully top with the tomato clusters. Bake for about 25 minutes or until the filling is firm and lightly browned. Let cool for 10 minutes. Remove the tomato stems before serving. **FOLLOW RICARDO ON SOCIAL MEDIA AND ON RICARDOCUISINE.COM OR SUBSCRIBE TO HIS MAGAZINE'S UP-COMING ENGLISH EDITION LAUNCHING THIS SEPTEMBER!**

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Kits Fest

Aug. 8-10
Kitsilano Beach

The biggest and best outdoors, sports and healthy living festival is back for another weekend of friendly competition and fun. This Kitsilano community festival takes over the various beaches of Kitsilano and features basketball, tennis, free yoga, volleyball and other healthy living activities to inspire and help you work up a sweat. For info visit: kitsfest.com

Squamish Valley Music Festival

Aug. 8-10

Don't miss this three-day music festival in Squamish featuring a stellar lineup of headliners such as Bruno Mars, Arcade Fire, and Eminem (to name just a few). Camping around the grounds might be tight, but you may find some luck nearby. Local vendors will be on hand to keep you hydrated and fed. For full festival details and to purchase day tickets ($150 each) or weekend passes ($325), visit: squamishfestival.com

TD Vancouver Chinatown Festival

Aug. 9-10

Don't miss the return of this year's cultural festival that attracted 57,000 to last year's Chinatown neighbourhood. The Vancouver Chinatown BIA society will host a multicultural summer celebration like no other featuring multiple stages, live performances, a TD Youth Talent Showdown, a streetfest with plenty of food samples and more. For more details, visit: vancouver-chinatown.com

Fusion Notable Icon Series

Aug. 20
Location: It's a secret

We don't use the world icon lightly. When we put together the Fusion Notable Icon Series, we wanted to create something intimate, unforgettable, and highly original. And we have. With nine of these cross-Canada events bringing some of Canada's top icons together with an exclusive group of 30 young professionals, you're going to want to sign up as soon as you're done reading this: Vancouver-iconseries@notable.ca

Sweet Bake Shop

Now open
1141 Mainland St.

Treat your sweet tooth to a sampling of the latest baked goods offerings courtesy of Sweet Bake Shop boutique bakery in Yaletown. They just opened within the last week and feature an array of cupcakes using seasonal fruit, cookies, cakes and ice cream sandwiches to keep you chilled and fulfilled this weekend. For more details and to view their full menu, visit: sweetbakeshop.com

Food Cart Fest

Every Sunday
215 West 1st Ave.

Head over to False Creek's Olympic Village this Sunday afternoon for a serious feast. On from 12-5 p.m. every Sunday all summer, this festival features 20 of Vancouver's top food carts and is an afternoon of food, fun, and sun with live music and DJs, local craft food vendors, live entertainment activities and more. Find all the details at: foodcartfest.com

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Lions seek consistency

CFL. After triumphant win over Calgary last week, Benevides' boys guarding against letdown against Ticats

B.C. Lions head coach Mike Benevides didn't give his team much time to celebrate last week's dramatic come-from-behind victory over the Calgary Stampeders.

Benevides had the Lions in a meeting less than nine hours after their plane touched down after that 25-24 triumph to emphasize that while beating the CFL's last undefeated club was big, it wouldn't mean much if they produce a dud this Friday at home against the Hamilton Tiger-Cats.

"The guys had to have a quick turnaround. They were a little bit surprised by that," said Benevides. "The first message was that I commended them for their performance, but the message that I really wanted to relay was we have really got to prepare to meet a huge challenge from the Tiger-Cats."

The coach had good reason to get their attention early.

The last time the Lions (3-3) stepped on the field at B.C. Place Stadium they were coming off two big wins and feeling pretty good about themselves, only to get embarrassed 23-6 by the Winnipeg Blue Bombers.

"We've got to stay consistent, we've got to find a way to get it done at home. The message has been clear," said Benevides. "The veterans and captains and leaders have echoed that. I think we're well prepared based on what I've seen this week."

Lions running back Andrew Harris picked up his third weekly top Canadian award of the season for his performance in Calgary, and said it's important the Lions keep pace in a very competitive West Division.

"We've had a tendency to have big games and then come back a little flat," said Harris, who leads the CFL with 722 all-purpose yards. "We have to keep this fire burning and we've got to stay at a high energy and high pace with that same attitude we had against Calgary in the second half.

"It's a struggle, but if we want to be a good team in this league and consistent and climb the ladder in the West, we need to be able to do that."

B.C. quarterback Kevin Glenn said the Lions will have to be wary of a wounded Tiger-Cats team that is coming off a heartbreaking 27-26 last-second loss against Winnipeg that dropped them to 1-4.

"Every week you've got to make sure you come to play," said Glenn. "We've got a team that's coming in (and) their record could easily be reversed to where they have three, four wins and only one or two losses.

"We just want to make sure we come out and we match their intensity. They're a team that's going to come in here ready to play given their situation." THE CANADIAN PRESS

Jamall Johnson, left, and Keynan Parker of the B.C. Lions celebrate after Johnson made a tackle against the Stampeders last Friday in Calgary. DEREK LEUNG/GETTY IMAGES

Week 7 pick

Ticats at Lions, Friday, 7 p.m., (TSN)

Travis Lulay is back following off-season shoulder surgery but veteran Kevin Glenn is still making his seventh start for B.C. (3-3). Glenn threw for 277 yards in rallying the Lions past previously unbeaten Calgary 25-24 last weekend. He also moved past Tracy Ham into ninth all-time with 40,808 passing yards. Running back Andrew Harris is the league's top rusher with 381 yards and second-leading receiver (23 catches, 341 yards, three TDs) to stand first overall in yards from scrimmage (722). Dan LeFevour makes a third straight start for Hamilton (1-4), coming off a disheartening one-point home loss to Winnipeg despite accumulating just 22 net offensive yards in the first half. Both teams struggle protecting the passer as B.C. has allowed a league-high 22 sacks, one more than Hamilton, but the Lions are riding the crest of their big win over the Stamps.

Pick: B.C.

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CFL

Maze's 28-yard TD helps Riders beat Bombers

Saskatchewan defensive back Terrell Maze intercepted Drew Willy and ran 28 yards for a touchdown to help the Roughriders defeat the Winnipeg Blue Bombers 23-17 on Thursday night.

Saskatchewan (4-2) tried a two-point passing play following Maze's TD at 12:40, but Darian Durant's pass was incomplete and the score stayed 22-17.

The turnover came after the Bombers (5-2) had gained the upper hand when receiver Rory Kohlert got behind a defender and hauled in a 12-yard pass from Willy in the end zone to go ahead 17-16 with 5:25 left.

Saskatchewan had won 10 of the past 12 games between the clubs heading into the match. They play each other two more times this season: Next in the Labour Day Classic in Regina and a week later in Winnipeg for the Banjo Bowl.

THE CANADIAN PRESS

Raonic rolls, while giants fall left and right at Rogers Cup

On to quarter-finals. Jo-Wilfried Tsonga stuns top-seeded Novak Djokovic

Canada's Milos Raonic strolled into the post-match interview room at Rexall Centre and immediately looked over at the television monitor beside his seat.

He watched the screen intently as Roger Federer and Marin Cilic squared off on the stadium court before sitting down to discuss his 6-3, 4-6, 6-4 victory over Julien Benneteau at the Rogers Cup.

Raonic will next meet Feliciano Lopez in the quarter-finals but the possibility of another semifinal showdown with Federer — just a month after they met in the final four at Wimbledon — has Canadian tennis fans drooling.

Canada's Milos Raonic after beating France's Julien Benneteau in Toronto on Wednesday. TORONTO STAR

So, is a potential rematch with the Swiss star, who topped Cilic 7-6 (5), 6-7 (3), 6-4, in the back of Raonic's mind?

"No, I just enjoy to watch tennis," Raonic said with a grin.

Federer ended Raonic's run at the All England Club before losing to Novak Djokovic in the final. It was a career-best performance at the Grand Slam event for the 23-year-old Canadian, but his performance against Federer left him disappointed and frustrated.

Raonic responded last week by winning in Washington and he has maintained the momentum this week, although he has been tested in both of his matches. The No. 6 seed from Thornhill, Ont., barely got by American Jack Sock in his opener before getting another stiff challenge from Benneteau on Thursday night.

THE CANADIAN PRESS

Birdie not enough for Tiger

Tiger Woods made only one birdie on Thursday at Valhalla on his way to a 3-over 74, putting him close to missing the cut in the PGA Championship. Scan the image with your Metro News app for a look at the leaders after Day 1 of the year's final major. WARREN LITTLE/GETTY IMAGES

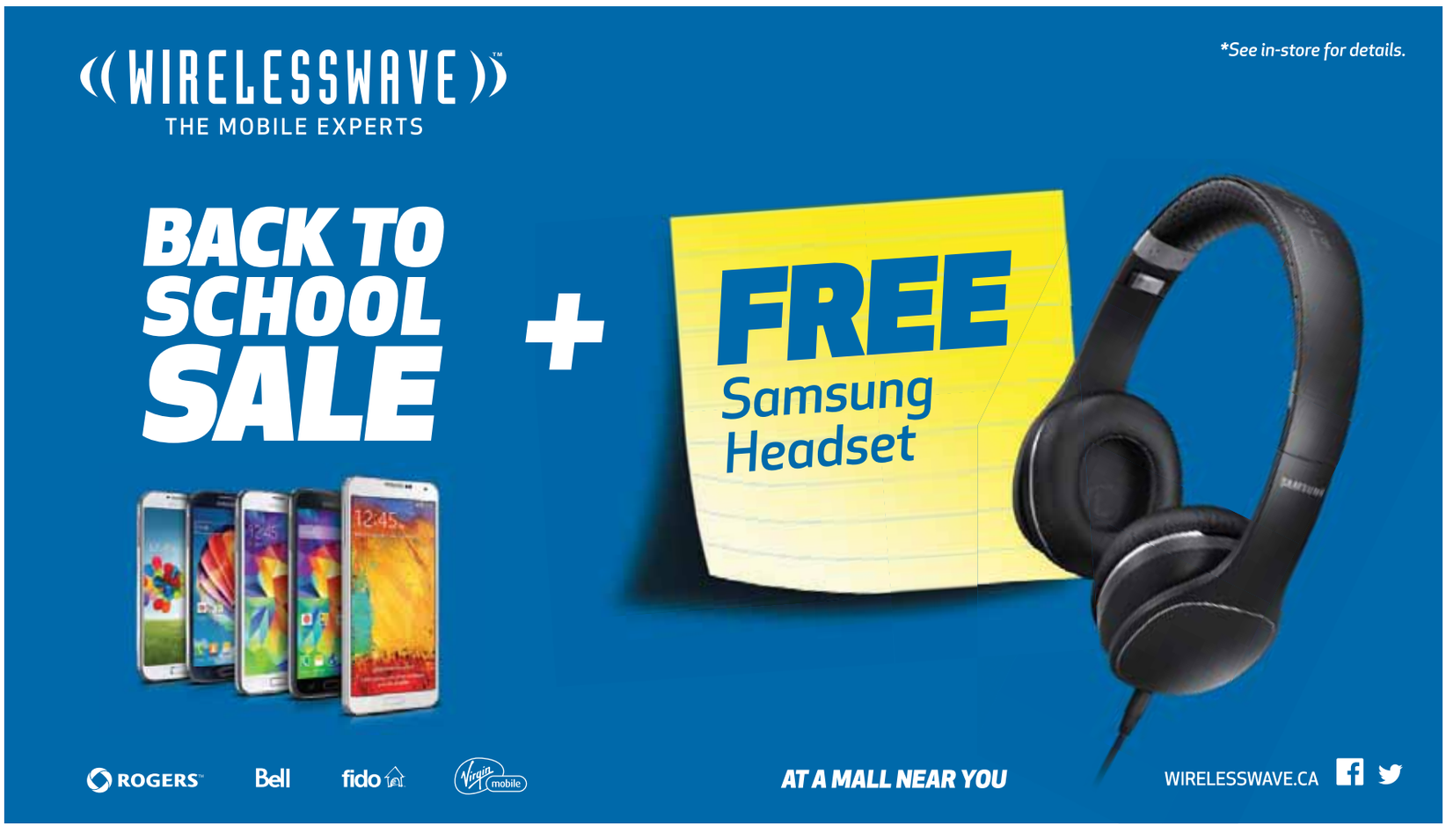
MLB

Jays fall back five games

J.A. Happ had some of his best stuff against the Baltimore Orioles. Unfortunately for the Toronto Blue Jays, the lineup couldn't say the same.

Happ struck out a career-high 12 batters in eight stellar innings of work, but the Blue Jays fell five games back of the American League East-leading Orioles with a 2-1 loss Thursday night at Rogers Centre.

Toronto got just five hits and stranded six on base in their second loss of the three-game series. THE CANADIAN PRESS



AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.

metro AR

→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

♈ Aries
March 21 - April 20
You are a rebel by nature and with the Sun linked to Uranus, planet of upheavals, this weekend you will do something outrageous. It may not do much for your rep but you'll have fun.

♉ Taurus
April 21 - May 21
It may seem as if the odds are stacked against you but the planets suggest you can easily break through any obstacles that are in your path.

♊ Gemini
May 22 - June 21
You get a kick out of being different and will upset those you consider to be too conservative in their thinking. But when you dish it out you have to be ready to take.

♋ Cancer
June 22 - July 23
A craving will reach a peak today and if you want peace of mind you'll have to acknowledge your desires and do what you can to satisfy them.

♌ Leo
July 24 - Aug. 23
You will meet interesting people this weekend. To you they may look a bit mad, but maybe from their point of view you look the same!

♍ Virgo
Aug. 24 - Sept. 23
You may not be the most adventurous member of the zodiac but you the Sun's link to Uranus, planet of surprises, will inspire you to move out of your comfort zone.

♎ Libra
Sept. 24 - Oct. 23
There is no point discussing what you want to do with loved ones because they are sure to try to make you change your mind. Do what feels right.

♏ Scorpio
Oct. 24 - Nov. 22
Some of the best partnerships are between people who appear to have little in common, so don't turn down an invitation just because it's from someone you find weird.

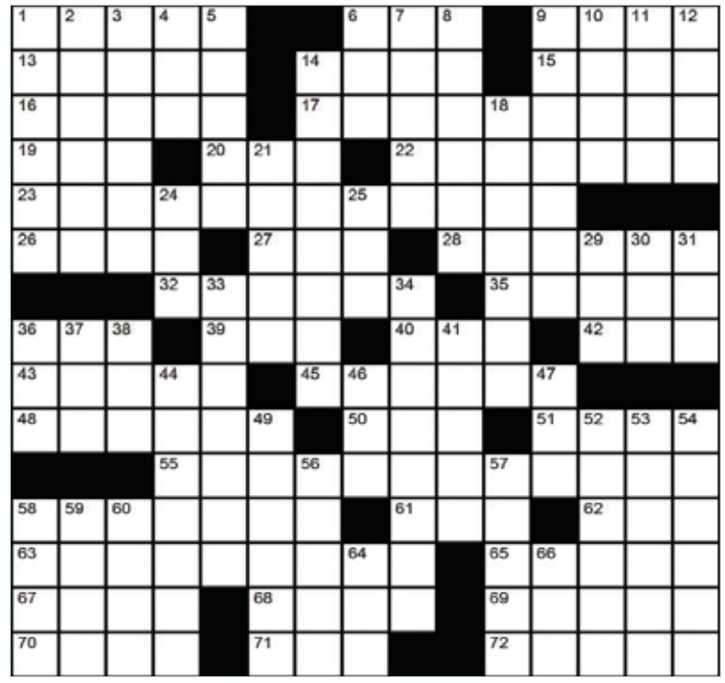
♐ Sagittarius
Nov. 23 - Dec. 21
This is the perfect time to take chances and make changes. There may be occasions when you push your luck too far but no harm will come of it.

♑ Capricorn
Dec. 22 - Jan. 20
Usually you are careful with what you say but over the next 48 hours you will go right the other way and say exactly what you think and feel. Others will find your frankness refreshing.

♒ Aquarius
Jan. 21 - Feb. 19
Upheavals are to be expected but they won't be too bad. They may even turn out to be good if you look for ways to take advantage of them.

♓ Pisces
Feb. 20 - March 20
A wonderful idea will occur to you and you won't be satisfied until you have done something with it. Don't worry that it does not seem "logical" because you have more than five senses.

Crossword: Canada Across and Down by Kelly Ann Buchanan



Across

1. Unrefined
6. Assoc., variantly
9. Traffic: Speed __
13. Everly Brothers' "__ __ Be Me"
14. Will __ (Grandpa's portrayer on "The Waltons")
15. Fencer's weapon
16. Justin Bieber mentor
17. 'The fish', in French: 2 wds.
19. Ms. West
20. "__ _ little teapot..."
22. Charms
23. Ashley MacIsaac hit with Mary Jane Lamond: 2 wds.
26. Canine's cry!
27. Spinning stat.
28. Plugging-in place
32. Actor's reading material
35. Topic
36. Australian state [acronym]
39. Singer, Priscilla __
40. Polloi's partner
42. Son-of-a-__
43. Like a hard-to-climb hill
45. Computer fault
48. __ laser treatment (Dermatology service)
50. Suffix meaning 'somewhat'
51. "When _ __ You Smile" by Bad English
55. Type of mission for Canadian Forces
58. Large birchbark canoe
61. Composer Mr. Berlin, for short
62. Aswan __
63. Town almost right in the middle of Alberta: 2 wds.
65. Mind: Latin
67. Li'l loudnesses
68. Pre-day nights
69. Apply gently, as undereye moisturizer: 2 wds.
70. Ballet movement
71. CBC commentator Mr. Murphy
72. Movie critic Roger

Down

1. 1997 Our Lady Peace album
2. Home buyer's concern, __ value
3. Down-__-__ (Worn out)
4. "Sprechen __ Deutsch?"
5. Comic __
6. "You don't say!"
7. Put the blown-off towel back on the line
8. Plug parts
9. Implore
10. __-_-daisy!
11. "Love __ __ leave..."
12. Note-jotting needs
14. Trendy tent trip
18. Ludicrous
21. Frankincense's friend
24. "Blue Hawaii" singer ...his initials-sharers
25. Music blaster
29. Beer barrel
30. Exotic pet in a Barenaked Ladies tune
31. X
33. "Understand?"
34. Faith Hill hit: 2 wds.
36. Bouncy cheque acronym
37. Bering, e.g.
38. Bit of "Send in the Clowns": "Are __ _ pair?"
41. "On the __ hand..."
44. Stretch
46. Be deceitful
47. Cool
49. More like Erie or Huron, say
52. Actress, Gabourey __
53. Captivate
54. Village on BC's Sunshine Coast
56. Birth a bovine
57. Sidestep
58. Party inviter's request [acronym]
59. Truant from the trenches, tiny-ly
60. Bing Crosby/Bob Hope movie, "Road to __" (1952)
64. "Superman" (1978) villain, __ Luthor
66. Apprehend

Yesterday's Crossword

Online

See today's answers at metronews.ca/answers

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

5			7		4			8
		2			6			
				2			6	
1	6			9				3
		9	5		3	7		
4				8			2	5
	4			1				
			9			1		
2			4		5			7

Yesterday's Sudoku

4	6	3	1	2	5	9	7	8
9	1	7	6	8	3	4	5	2
8	5	2	7	9	4	3	6	1
7	4	9	3	5	2	1	8	6
5	3	6	8	7	1	2	4	9
1	2	8	4	6	9	7	3	5
2	7	5	9	3	8	6	1	4
3	8	4	2	1	6	5	9	7
6	9	1	5	4	7	8	2	3

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Vancouver Public Library Central Library, Level 4
350 West Georgia Street
Phone: 604-331-3603
Web: skilledimmigrants.vpl.ca
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Travel Oct 20 – Nov 17

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Check out the Temple Street Night Market in Hong Kong, a popular bazaar with a variety of goods, traditional foods, opera singers and fortune tellers.

EXPERT TIP

	Economy from	Business from
Amsterdam Travel Sep 26 – Oct 11	**$855**	**$3949**
London Travel Sep 24 – Oct 10	**$885**	**$3499**
Paris Travel Sep 7 – Sep 12	**$1025**	**$3925**
Bangkok Travel Nov 4 – Nov 25	**$1049**	**$3349**
Tokyo Travel Sep 9 – Sep 23	**$1129**	**$2925**
Sydney Travel Oct 18 – Oct 31	**$1579**	**$4659**

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Travel Oct 1 – Oct 7

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EXPERT TIP

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Travel Sep 4 – Sep 11

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Travel Sep 25 – Oct 2

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Travel Sep 9 – Sep 16

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Travel Oct 7 – Oct 14

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All-inclusive Packages

Los Cabos

7 Nights 4.5-Star

from **$819**

UPGRADE to 5-star accom from $1039.

Varadero 7 Nights 4-Star from **$885**
UPGRADE to 4.5-star accom from $1049

Riviera Maya
6 Nights 4.5-Star from **$1029**
UPGRADE to 5-star accom from $1065.

Punta Cana 7 Nights 4-Star from **$1039**
UPGRADE to 5-star accom from $1259.

Europe Vacations

London London Starter Flights + 2 Nights + Rail

from **$1549**

INCLUDES first 2 nights accom and 4-day BritRail pass. **ADD** Stonehenge Express tour from $75.

Berlin Flights + 7 Nights + Berlin Pass from **$1649**
INCLUDES 4-star accom with daily breakfast and 3-day Berlin pass to visit museums and attractions. **BONUS** travel card and guidebook included.

Paris & Amsterdam Flights + 7 Nights + Rail + Bonus from **$1695**
INCLUDES all flights, 4 nights accom in Paris walking distance to the Moulin Rouge and 3 nights accom in Amsterdam near the Museum Quarter. **BONUS** one way Paris to Amsterdam rail ticket included.

Local Getaways

Kelowna Family Special 3 Nights

from **$145**◊ pp

INCLUDES accom in downtown Kelowna near Lake Okanagan. Price per person based on family of 4. **UPGRADE** to 4-star accom from $219. **BOOK** this package based on double occupancy from $289.

Harrison Hot Springs
2 Nights from **$185** pp
INCLUDES accom at lakefront hotel with access to five mineral hot pools.

Victoria 2 Nights + 4-Star from **$189** pp
INCLUDES downtown accom with indoor pool. **BONUS** free Wi-Fi and courtesy shuttle included. **ADD** Butchart Gardens admission from $35.

Whistler 2 Nights 4.5-Star + ATV tour from **$325** pp
INCLUDES accom in the Village and Mountain Explorer ATV tour.

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Conditions apply. Ex: Vancouver. ‡Ex: Bellingham. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. pp=Per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17) for total length of stay unless otherwise stated. ΔConditions apply. Valid on new bookings only made in-store. Not valid on bookings made at www.flightcentre.ca. Offer is valid for round-trip to select destinations in Canada until October 31, 2014. Travel must be booked between July 8 and August 29, 2014. Customers must have valid aeroplan card or register online at http://www4.aeroplan.com. Offer is not valid on existing reservations and cannot be combined with any other offer, promotion or discount. Valid only for round-trip travel to select destinations originating from a Canadian airport. Aeroplan points have no cash value and are non-refundable and non-transferable. Offer is subject to availability, does not apply to group reservations and may be cancelled or modified without notice at any time by the supplier. Additional conditions may apply, speak with your Flight Centre consultant for details. Offer expires August 29, 2014. ΩLimit one per stateroom. Exclusive $100 onboard credit for all cabin categories on exact itinerary advertised. Different dates allowed. Book by Aug 14, 2014. Other categories may be available. ^Conditions apply. Valid on new bookings only made in-store. Not valid on bookings made at www.flightcentre.ca. Offer is valid for all rooms and suites at select MGM Group hotels on bookings made from Jul 24, 2014 to Sep 25, 2014 for travel between Nov 9, 2014 and Apr 9, 2015, some blackout dates apply. Reservations that arrive or stay through over the blackout dates will not be applicable for the show ticket promotion. Offer is not valid on existing reservations and cannot be combined with any other offer, promotion or discount. Valid only for packages with minimum 3 night stay and flights originating at a US or Canadian airport. Limit 2 tickets per reservation. Both tickets must be used for the same show and show time. Single occupancy rooms will receive only one ticket. Consecutive reservations will be excluded from receiving show tickets. Some restrictions may apply. Tickets have no cash value and are non-refundable and non-transferable. Tickets are not available for all price categories at all performances. Limited seating is available for select performances. Seating availability and location is determined automatically on a first-come-first-serve basis. Show ticket pick-up and use has some restrictions. Show tickets must be booked within 72 hours of booking your hotel package. Offer is subject to availability, does not apply to group reservations and may be cancelled or modified without notice at any time by the supplier. This offer does not accumulate if unused. Participants must be at least 21 years of age. Additional conditions may apply, speak with your Flight Centre consultant for details. Offer expires Sep 25, 2014. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. "Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit flightcentre.ca/lowestairfareguarantee-flyfree. BC REG #H02790